

**Daphne High School**  
**Jubilee Girls Handbook**  
**2018 – 2019**

The purpose of the Jubilee Girls is to support the curricular and extra-curricular activities of Daphne High School by promoting school spirit. Being a Jubilee Girl is an honor and special privilege. Jubilee Girls have a fundamental responsibility to play a leadership role in building teamwork and helping the school reach its goals and objectives. Therefore, members of the dance team will be expected to maintain a higher standard of behavior both on and off campus and academic achievement better than that of their peers.

**Objectives of a Dancer:**

- Dancers should promote and assert school spirit.
- Dancers should demonstrate good sportsman-like conduct among all students and adults.
- Each girl should strive to maintain high standards and excellence in dancing and academics.
- Dancers should promote the need for unity among all aspects of the school.
- Dancers are ambassadors of the school and serve to better the relationships between our school and the schools with whom we compete.
- Dancers should execute a comprehensive safety plan at all practices and events.

**The Virtues of Dancing Will Promote:**

- Moral growth
- Physical, emotional, and mental fitness
- Good sportsmanship
- Character building
- Development of communication skills
- Self-confidence
- Creative expression
- Sports knowledge and appreciation
- Discipline, dedication, and responsibility

# Daphne High School Jubilee Girls Rules, Responsibilities, and Policies

## Academics

- Dancers must maintain a 2.5 GPA. The first time your GPA falls below 2.5 (report card or interim) you will be placed on 3-week probation. During this time, you will not participate in games or performances, but will attend all activities and practices. You must sit with the sponsor/coach during games or performances.

## Attendance

- All scheduled practices, games, and activities are **MANDATORY**. You must be present and on time for all practices, games, and other activities.
- Dancers must attend at least 4 hours of school on the day of a game/performance. If you are absent on the day of a game/performance you will not dance. However, you **must** attend the game (unless it is excused) and **notify the sponsor**.
- In the event, you are absent from practice, it is YOUR responsibility to learn what was discussed and decided and to fulfill duties that may have been assigned.
- After **4 unexcused absences** from practice or games, a dancer will be dismissed from the squad regardless of how many demerits she has. This is a total of 4 between practices and games, not 4 each. *Demerits will be issued for each unexcused absence.*
- Absences are deemed excused only for the following reasons: a doctor's excuse (not a parent note), attendance at another school function (such as a convention or competition), death in the family, or extreme family emergency. The coach will make the decision for other unforeseen circumstances that may arise.
- Dancers should make every attempt to limit even excused absences to no more than 3. If the sponsor determines that excused absences are becoming excessive, demerits will be issued.
- Work **CANNOT** interfere with scheduled practices, games, or other activities. Work is not an excuse from practice or performance and is not an excuse to come late or leave early. Dancers will be given practice and game calendars at least one month in advance so that they may schedule work or other appointments around practice and/or game times.
- If you are going to be **late** or **absent**, you must **notify the coach/sponsor** directly, *not a captain or another dancer*.
- If you miss practice the day before a game/performance you will not be allowed to dance. You must still attend the game/performance, in uniform, but will sit with the coach/sponsor during the entire game.
- If you have a doctor's excuse for an absence, it is YOUR responsibility to get it to the coach/sponsor on the first day of return to school. If it is not received on the first day of return, demerits will be issued.
- Dancers will remain under the supervision of the coach/sponsor for the duration of the entire event. You must report to the sponsor upon arrival and **WILL NOT** be allowed outside any gym or field gates (including home) at any time during the event.

## Practices

- Practices are closed. No visitors are allowed including friends or family members.
- Practice times will be utilized to the fullest.
- Once football season begins, practices will be held four times per week unless otherwise deemed necessary by the sponsor and/or captain.
- \*Note: The Jubilee mini-camp may be held over a period of 3 days, and dancers are expected to attend all days.

## Fundraisers

- Participation in fundraisers is **MANDATORY**. Failure to do so will result in demerits. All money owed must be paid and turned in on time. There will be fundraisers that are optional. If you choose not to participate, parents are responsible for the remaining balance on the account.

## Transportation

- Parents and dancers are responsible for arranging their own transportation to and from games, practices, and other activities. If a parent cannot attend a game, it is his/her responsibility to make arrangements for their child to ride with another parent. All parents are expected to share the responsibility of transporting dancers to games.

## Conduct & Behavior

- Any unbecoming behavior such as the use of foul language, vicious language, being disrespectful in any manner, intentional dishonesty, unsportsmanlike conduct, or other inappropriate behavior (both on the field and off) is strictly prohibited.
- Causing dissension among squad members **WILL NOT be tolerated**. This includes, but is not limited to, fighting or arguing with squad members, talking about team mates in a negative way, spreading rumors about team mates, etc.
- In the event that two or more dancers have a dispute that interrupts the productivity and cohesiveness of the team, and the problem cannot be resolved, both team members will be removed from the squad.
- Any dancer who receives OCS or is suspended from school for any reason will be given demerits. Suspension from school may result in dismissal from the squad, depending on the nature of the suspension.

## Appearance & Dress

- You must be dressed in **full uniform**, have all necessary equipment, and be ready to dance at least thirty minutes before the game begins.
- Dancers must be dressed in appropriate practice clothes (i.e. shorts, t-shirts, tights, warm-ups, jazz shoes) during practice sessions.
- No one other than a Jubilee Girl will be allowed to wear dance team clothing including uniforms, camp wear, shoes, warm-ups, or jackets.
- Tasteful make-up is **required** for all games and performances. Fingernails should be kept short and only clear or light-colored polish will be permitted.
- Proper jewelry must be worn while dancing at any practice or game.
- Hair must be pulled back neatly in a ponytail unless otherwise specified. Bangs must be pulled away from the face and pinned back.

## Performance & Participation

- All dancers are required to participate in pre-game/half-time routines, Homecoming routines, pep rally routines, etc.
- There will be no gum chewing, eating, or drinking while dancing or practicing (unless on break).
- No excessive talking or playing will be permitted while dancing at any game. This includes talking to other squad members, friends, or family members in the stands. You must be attentive to the game. You will only be warned ONCE before receiving demerits. If the problem persists, you may be benched.
- It is ultimately YOUR responsibility to know all dances. If you do not know the material well enough, you will be benched until it is learned.
- You must remain in formation at all times while dancing. This includes moving around to visit with other dancers. You may be allowed to leave once to go to the restroom.
- The use of cell phones or other electronic devices (smart watch, etc.) **will not be permitted at any time** during practice or games (unless permission is given by the sponsor for an emergency). This includes during breaks and pre-game. Cell phones should be TURNED OFF and stored away in your purse or bag. The first time you will receive a warning. After that, you will receive demerits and the device may be confiscated until practice or the game is over.
- If any injury occurs that keeps you out of two or more practices, a note from your doctor stating the reason will be required. The note should state the nature of the injury, the length of time of the restriction, specific tasks you will not be able to perform, and when you can return to practice.

## Other Policies

- Money must be turned into the coach/sponsor by 2 p.m. on the day it is due. If money is not turned in on time, demerits will be issued.
- Please do not contact the coach (via phone) after 7 p.m. unless it is an emergency. If you need to get in contact with the coach, please do so through email or the front office. Cell phone calls should be reserved for emergencies only.
- The coach/sponsor may require a medical clearance as a prerequisite to participate when you're a risk of safety for yourself or others.
- Any member failing to abide by published school rules will likely result in dismissal.
- Any dancer who is dismissed from the squad, quits the squad, or owes money may not return to the squad or tryout for the squad for at least 1 year.
- Dancers must abide by all rules and policies as set forth in the handbook.

## Parent/ Coach Communication

Parent/ Coach Relationship- Parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to our student-athletes. As parents, when your daughter becomes involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach.

### Communication you should expect from your daughter's coach

- Philosophy of the coach
- Expectations the coach has for your daughter as well as the other members on her team
- Locations and times of all practices and contests and travel information

### Communication coaches should expect from parents

- Advance notification of any schedule conflict
- Specific concerns regarding the coaches' expectations or philosophy

As your daughter becomes involved in dance team, she will experience some of the most rewarding moments in her life. However, there will be times when your daughter will encounter adverse situations that may affect her attitude. It is at these times that we suggest you speak with the coach.

### Appropriate concerns to discuss with the coach

- Ways to help your daughter improve
- Concerns about your daughter's behavior or academic progress
- The mental or physical treatment of your daughter

It is extremely hard to accept that your daughter may not dance as much as you may hope. Coaches are professionals; they make judgment decisions based on what they believe to be in the best interest for the team and your daughter.

### Concerns not appropriate to discuss with coaches

- Team strategy
- Other student-athletes
- Play calling (technical decisions)

There may be situations that require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's positions. When these conferences are necessary, the procedure listed below should be followed to help promote a resolution of the issue or concern.

If you or your daughter has a concern to discuss with the coach, the procedure listed below should be followed:

- First, have your daughter speak with the coach
- If the issue is not resolved, make an appointment to meet with the coach.
- Please do not attempt to confront a coach before or after a practice or event. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution

What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

Call and set up a meeting with the Athletic Director to discuss the situation.

### **Behavior Expectations of All Spectators**

Remember you are at the contest to support and yell for your team, and enjoy the skill and competition; not to intimidate or ridicule others.

Remember that school athletics are a learning experience for students and that mistakes are sometimes made. Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people, just as you would praise a student working in the classroom.

A ticket is a privilege to observe the contest, not a license to verbally assault others or be generally obnoxious.

Show respect for opposing players, coaches, spectators, and support groups.

Use only cheers that support and uplift the teams involved.

Be a positive role model at events through your own actions and by censuring those around you whose behavior is unbecoming.

### **Overall Unacceptable Behavior**

Disrespectful or derogatory yells, chants, songs, or gestures.

Criticizing officials in any way.

Blaming the loss of an event on officials, coaches, or participants

Use of profanity or displays of anger that draw attention away from the game

I have read the Daphne High Jubilee Girl Handbook and fully understand the rules and regulations by which I will be governed if chosen to represent Daphne High School as a dance team member. If I am elected to the dance team, I shall fulfill all requirements to the best of my ability and promise to follow all rules and policies as set forth in this handbook.

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Candidate's Signature

Date

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Parent's Signature

Date

## Daphne High Jubilee Girl Demerit System

- Demerits will be used as a disciplinary tool and will be given by the sponsors, captain, or co-captain.
- 3 demerits will result in a one-game suspension.
- 5 demerits will result in a two-game suspension.
- 7 demerits will result in probation
- 8 demerits will result in dismissal from the squad.

We understand that at one time or another someone will have a conflict with dance. For example, a conflict would be family events, outside activity, vacations, traffic, ride conflict, work, a wedding, etc. Therefore, it is in your best interest to be on time and behave appropriately at all events so that when you do have a conflict, you will be able to accept demerits graciously.

In order to keep disciplinary actions consistent for everyone we have the following demerit system. Demerits will be distributed accordingly for **any** behavior that the sponsors feel is unacceptable.

**Please note that we may add penalties throughout the year as necessary, and we reserve the right to assign demerits for infractions not listed below on an individual basis and upgrade any penalty depending on the severity of the situation. Sponsors also reserve the right to remove a dancer from a routine or the squad if deemed necessary.**

Late for a game or practice	1 demerit
Not in formation at the start of the game or half time	1 demerit
Not having the necessary equipment (uniform, shoes, poms, etc.)	½ demerit
Not dressed properly for games/practice (including jewelry and hair).	½ -1 demerit
Eating, drinking, or chewing gum while dancing (unless on break).	½ demerit
Leaving formation during a game. You will be given one warning. You may leave once for the restroom if necessary	½ demerit
Visiting with fans, friends, or family members (unless on break). This includes talking to people in the stands while in formation. You will be given one warning.	1 demerit
Misbehaving in line (i.e. excessive talking, leaning on the wall/fence, not dancing, “goofing off,” etc.) You will be warned once.	½ demerit
Physical contact with the opposite sex at a game (PDA of any kind).	1 demerit
Leaving early from a game/practice.	1 demerit

Any misbehavior at games or practice that does not fall under any other guideline	1 demerit
Talking on a cell phone during a game/practice. You will be given one warning. The phone may be confiscated until the event is over.	1/2 demerit
After-school detention	1 demerit
OCS/Saturday detention (may also result in being benched for 1 game).	2 demerits
Failure to notify the sponsor of an absence from a game or practice in advance.	1 demerit
Unexcused absence from practice	1 demerit
Unexcused absence from a game	2 demerits
Unbecoming behavior (profanity, poor sportsmanship, disrespect, other inappropriate behavior, etc.)	1 demerits
Causing dissension among squad members (fighting/arguing, talking about teammates in a negative way, spreading rumors about teammates, etc.)	1 demerits
Failure to participate in any required activities (fundraisers, pep rallies, senior recognition, Homecoming, etc.)	3 demerits
Out-of-school suspension	At least 7 demerits. Nature of the suspension will determine consequences.

The sponsor and administration will determine any policies not specifically outlined in this handbook. During the course of the year, updates or changes may be made to this handbook by the sponsors or administration.

**All decisions of the sponsors and/or administrators are final!**